

SPORTS STUDIES

KS4 (Pearson BTEC Tech Award Level 1/2 in Sport)

YR10

Curriculum Purpose

Year 10 BTEC Sport focuses on preparing participants for sports and physical activities. This includes learning to plan and deliver engaging sessions, understanding safety and risk management, and promoting fitness and well-being. Students develop skills in coaching, leadership, and effective communication to support diverse participants in various sports contexts.



Course Content and Skill Development

Component number	Component Title	Learning outcomes	How assessed	Weighting
1	Preparing Participants to Take Part In Sport and Physical Activity	A Explore types and provision of sport and physical activity for different types of participant B Examine equipment and technology required for participants to use when taking part in sport and physical activity C Be able to prepare participants to take part in sport and physical activity.	Internal	30%
2	Taking Part and Improving Other Participants Sporting Performance	A Understand how different components of fitness are used in different physical activities B Be able to participate in sport and understand the roles and responsibilities of officials C Demonstrate ways to improve participants' sporting techniques.	Internal	30%
3	Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity	A Explore the importance of fitness for sports performance B Investigate fitness testing to determine fitness levels C Investigate different fitness training methods D Investigate fitness programming to improve fitness and sports performance	External	40%

When and how assessment of learning will happen

Students are assessed both via internal assessments and external assessments (exams). The Internal assessments are called PSAs (Pearson set assignments), these are coursework/ assignment style tasks completed in lesson time. As part of their assessments student will also be assessed by planning and leading 15 minutes sessions in sports of their choice.

In Year 10, students will complete Component 1 PSA in the January-May assessment window. In January, Pearson will release 5 tasks based around a case study that students will need to complete in exam conditions during lesson times; they will be guided on how long to spend on each task. These assessments will then be marked by their class teacher and feedback will be provided. This work is then externally moderated and students will receive their mark out of 60 in August.

In Year 11 Students will complete Component 2 PSA in the September to January assessment window. In September, Pearson will release 5 tasks based around a case study that students will need to complete in exam conditions during lesson times; they will be guided on how long to spend on each task. These assessments will then be marked by their class teacher and feedback will be provided. This work is then externally moderated and students will receive their mark out of 60 in March.

From January to June they will then go on to work towards their component 3 exam. They will get their final results in August.

Specification Link

<https://qualifications.pearson.com/content/dam/pdf/btec-tec-awards/sport/2022/specification-and-sample-assessments/btec-tech-award-sport-spec.pdf>

Home Learning Expectations

All work completed in lessons will be available for students to access on their google classroom, this means that they are able to keep up to date with all the required information/notes for PSA tasks. Students will need to ensure that they are fully prepared for each of their PSA tasks.



Useful Information

PE classroom resources for this course will be added to google classroom.