











# WEEK 1 MENU

W/C: 04/11 , 25/11 , 16/12 , 20/01 , 10/02 , 10/03 , 31/03

## CHOICE *One*

## CHOICE *Two*

## GRAB & GO *options*

<b>MON</b>	<b>Beef Bolognese</b>   Served with Wholewheat Pasta	<b>Vegetarian Bolognese</b>    Served with Wholewheat Pasta
<b>TUE</b>	<b>BURGER BAR</b> <b>Beef Burger</b> Served with Baked Garlic and Herb Wedges and Corn on the Cob	<b>BURGER BAR</b> <b>Veggie Burger</b>  Served with Baked Garlic and Herb Wedges and Corn on the Cob
<b>WED</b>	<b>CLASSICS</b> <b>Honey Roast Gammon Baguette</b> Served with Roast Potatoes and Roasted Autumn Vegetables	<b>CLASSICS</b> <b>Macaroni Cheese</b> 
<b>THUR</b>	<b>STREET</b> <b>Chicken Katsu</b>  Served with Wholegrain Rice	<b>STREET</b> <b>Korean Glazed Quorn Flatbread</b>  Served with Satay Sweetcorn
<b>FRI</b>	<b>FRIDAY FAVOURITES</b> <b>Battered Fish</b> Served with Chips, Baked Beans and Peas	<b>FRIDAY FAVOURITES</b> <b>Quorn Sausage Roll</b>  Served with Chips, Baked Beans and Peas

**HOT DISHES:**  
**Paninis**  
**Pasta and Sauces**  
**Freshly Baked Pizza**  
**Soup and Bread**  
**Jacket Potato and Toppings**

**SALADS:**  
**Tuna and Sweetcorn Pasta Salad**   
**Pesto Pasta Salad**     
**Roasted Indian Chickpea Salad**  

**SANDWICHES/BAGUETTES:**  
**Ham and Cheese Sandwich**  
**Chicken Salad Sandwich**  
**Cheese Baguette**   
**Tuna Mayo Baguette**  
**BLT Baguette**

**WRAPS:**  
**Pepper and Houmous Wrap**     
**BBQ Chicken Wrap**    
**Chicken Caesar Wrap**  









# WEEK 2 MENU

W/C: 11/11, 02/12, 06/01, 27/01, 24/02, 17/03

## CHOICE One

## CHOICE Two

## GRAB & GO options

	CLASSICS	CLASSICS
<b>MON</b>	<b>Sausage and Mash</b> Served with Vegetables and Gravy	<b>Vegetarian Sausage and Mash</b>  Served with Vegetables and Gravy
	FEASTIVAL	FEASTIVAL
<b>TUE</b>	<b>Chilli Beef Cheese Nachos</b>  Served with Salad	<b>Chilli Beef Cheese Nachos</b>  Served with Salad
		HOT DELI
<b>WED</b>	<b>Roast Beef</b> Served with Roast Potatoes, Vegetables and Gravy	<b>Roasted Rainbow Vegetables with Houmous</b>   Served with Flatbread Fingers
	NOODLE BAR	NOODLE BAR
<b>THUR</b>	<b>Chicken Yakisoba</b> Served with Vegetables	<b>Soya Yakisoba</b>   Served with Vegetables
	FRIDAY FAVOURITES	
<b>FRI</b>	<b>Southern Fried Chicken Goujons</b> Served with Chips, Baked Beans and Peas	<b>Cheese and Onion Bake</b>  Served with Chips, Baked Beans and Peas

**HOT DISHES:**

- Paninis
- Pasta and Sauces
- Freshly Baked Pizza
- Soup and Bread
- Jacket Potato and Toppings

**SALADS:**

- Tuna and Sweetcorn Pasta Salad 
- Pesto Pasta Salad   
- Roasted Indian Chickpea Salad  

**SANDWICHES/BAGUETTES:**

- Ham and Cheese Sandwich
- Chicken Salad Sandwich
- Cheese Baguette 
- Tuna Mayo Baguette
- BLT Baguette

**WRAPS:**

- Pepper and Houmous Wrap   
- BBQ Chicken Wrap  
- Chicken Caesar Wrap  











# WEEK 3 MENU

W/C: 18/11, 09/12, 13/01, 03/02, 03/03, 24/03

## CHOICE One

## CHOICE Two

## GRAB & GO options

	STREET	
<b>MON</b>	<b>Buffalo Chicken</b> Served with Baked Garlic and Herb Wedges, Mixed Salad and Ranch Dressing	<b>Cheese and Bean Toastie</b>  Served with Baked Garlic and Herb Wedges and Mixed Salad
	PAN ASIAN	PAN ASIAN
<b>TUE</b>	<b>Sweet and Sour Beef Meatballs</b>  Served with Wholegrain Rice and Satay Sweetcorn	<b>Teriyaki Vegetarian Wrap</b>    Served with Satay Sweetcorn
	HOT DELI	HOT DELI
<b>WED</b>	<b>Roast Pork and Stuffing Baguette</b> Served with Baked Garlic and Herb Wedges	<b>Sticky BBQ Quorn Pitta</b>  Served with Baked Garlic and Herb Wedges
	ITALIAN	ITALIAN
<b>THUR</b>	<b>Beef Lasagne</b>  Served with Garlic and Herb Bread and Mixed Salad	<b>Vegetarian Lasagne</b>   Served with Garlic and Herb Bread and Mixed Salad
	FRIDAY FAVOURITES	FRIDAY FAVOURITES
<b>FRI</b>	<b>Battered Fish</b> Served with Chips, Baked Beans and Peas	<b>Vegetable Tikka Sausage Roll</b>  Served with Chips, Baked Beans and Peas

**HOT DISHES:**

- Paninis
- Pasta and Sauces
- Freshly Baked Pizza
- Soup and Bread
- Jacket Potato and Toppings

**SALADS:**

- Tuna and Sweetcorn Pasta Salad 
- Pesto Pasta Salad   
- Roasted Indian Chickpea Salad  

**SANDWICHES/BAGUETTES:**

- Ham and Cheese Sandwich
- Chicken Salad Sandwich
- Cheese Baguette 
- Tuna Mayo Baguette
- BLT Baguette

**WRAPS:**

- Pepper and Houmous Wrap   
- BBQ Chicken Wrap  
- Chicken Caesar Wrap  